



**Butterflies and their Favorite Plants**  
**Host plant: plants they lay eggs on**  
**Larva: refers to caterpillar**

<u>Butterfly</u>	<u>Adult Nectar Source</u>	<u>Larva Host Plant</u>
Eastern Tiger Swallowtail	Aspen, Birch, Butterfly Bush, Ironweed, Buttonbush, N.E. Aster, Milkweed, Lilac, Viburnum	Wild Cherry, Wild Iris, Wood Lilly, Woodland Phlox, Tulip Tree, Willow
Black Swallowtail	Golden Alexandra, Cow Parsnips, Monarda, Hyssop, Coneflower, Spirea, Blazing Star, Blue Mistflower, Blazing Star, Milkweed	Carrot Family Plants, Golden Alexander
Spicebush Swallowtail	Aster, Butterfly Bush, Buttonbush, Lilac, Lupine, Milkweeds, Joe-Pye-Weed, Coneflower	Spicebush, Sassafras
Orange Sulfur	Aster, Milkweed, Goldenrod, Blazing Star, Blue Vervain, Joe -Pye-Weed	Wild Lupine, Purple Prairie Clover, Bush Clover, Baptisia
American Copper	Wild Cherry, Clover, Goldenrod	Wild Lupine, Purple Prairie Clover
Northern Spring Azure	Wild Cherries, Dogwood, Viburnum, Red-berried Elderberry, Meadowseet	Meadowsweet, New Jersey Tea,
Great Spangled Fritillary	Bergamot, Milkweed, Sumac, New Jersey Tea, Ironweed, Joe-Pye Weed, Snakeroot, Blazing Star, Butterfly Bush, Coreopsis	Woodland Violet species, Bird-foot Violet



## Butterflies and their Favorite Plants continues

<u>Butterfly</u>	<u>Adult Nectar Source</u>	<u>Larva Host Plants</u>
Mourning Cloak	Cherry Blossoms, Goldenrod, Lilac, Milkweed, New Jersey Tea, prefers sap flows and rotted fruit	Poplar, Willow, Paper Birch, Elm, Hackberry
American Lady & Painted Lady	Aster, Chokecherry, Milkweed, Goldenrods, Hyssop, Coreopsis, Joe-Pye-Weed	Ironweed, Pearly Everlasting, Pussytoes
Red Admiral	Prairie Clover, Milkweed, Blazing Star, Sumac, Joe-Pye-Weed, Tree Sap & rotten wood	Nettles
Red-Spotted Purple	Will feed on aphids spittle of Goldenrod, tree sap, butterfly bush, Spirea, coneflower, Sumac, Viburnum, J-Pye Weed	Birch, Willow, Juneberry, Wild Cherry, Hornbeam, Oaks, Basswood
Viceroy	Aster, Blackberry, Goldenrod, Joe-Pye-Weed, Black-eyed Susan, Hyssop, Milkweed, rotten fruit, tree sap	Willows, Poplar
Monarch	All Milkweeds, Goldenrod, Ironweed, Blazing -Star, Joe-	Milkweeds
Northern Pearly-eye	Willow, Birch	Native Grasses
Silver-spotted Skipper	Blazing Star, Black -eyed Susan, Ironweed, Joe-Pye Weed, Monarda, New Jersey Tea, Goldenrod, Wild Indigo	Honey Locust, Wisteria, Tick - trefoil